



CHRIST COLLEGE (AUTONOMOUS)

Affiliated to University of Calicut and Accredited by NAAC 'A' Grade
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Time management

(Value Added Certificate Course)

Course Code: CVACo27 -

Summary Report 2019-20

The course started on October 23, 2019. There were 92 students and 90 students completed the course. The course was of 30 hrs duration.

Course Outcome:

- Identify the main obstacles to effective Time Management in daily life
- Use a system for prioritizing goals and tasks
- Build an effective Time Management process that will enhance productivity and lower stress
- Improve productivity of team through effective time management techniques.

Coordinator: Ms. Tintumol Sunny

Fr. Dr. Jolly Andrews
Assistant Professor-
In-charge of Principal
Christ College (Autonomous)
Irinjalakuda

